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Dear Nourish Bangladesh Friends and Donors,

Can you believe it, it's almost spring!! Thanks to your generosity we have disbursed over **\$172,000** in relief to Bangladesh since June 2020. This has funded **close to one and a half million meals** and supported additional relief efforts, including emergency food and cash support during recent floods, blanket distribution during winter months, and medical supplies during Covid spikes. As we head into the spring, Nourish Bangladesh is staying as active as ever in our efforts to support the economically disadvantaged in Bangladesh.



Winter Blanket Drive

This year we raised close to \$3,000, which was used to **purchase and disburse 695 blankets!** We worked with Mithun (in Panchagarh) and Zisan (in Rangpur).

In the Winter months, Bangladesh can get quite cold, particularly in North Bengal, bringing with it considerable amounts of hardship for the economically disadvantaged. With the **absence of in-home heating, low temperatures can become debilitating** for the poor to go about their basic daily activities, and many people die every year due to the cold.

We worked closely with our implementing partners in the field to ensure our funds were used efficiently and directed towards helping the extreme poor with the most need for these blankets. Based on advice from our implementing partners, we **invested in thicker, high-quality blankets** that can help the family meaningfully withstand the cold. These blankets have a higher likelihood of being used in future winters as well.



Hunger Relief

Nourish Bangladesh is still focused on our core mission—alleviating hunger in Bangladesh. **In the second half of 2022 we disbursed over \$16,000 in hunger relief aid and have already sent more than \$8,500 in 2023 (our 15th funding cycle).** We are waiting for our implementing partners to distribute the dry food to households to measure our impact from this cycle.

To conduct this work effectively and expand our geographic reach, we recently vetted and began funding a volunteer group led by **Tahmid Hasan**. Tahmid is energetic and quickly put our funds sent to him to good use. At the start of the pandemic, Tahmid and his friends began the **Pashi Ache Initiative**, motivated to "serve people who struggle hard everyday to get by," in his words. Now, they operate in 15 districts, from Dhaka to Bogra. We're excited to keep working with him!



Water, Sanitation, and Hygiene (WASH)

Nourish Bangladesh is currently preparing to begin supporting projects focusing on water, sanitation, and hygiene. In supporting these projects, we are placing an emphasis on project sustainability and efficacy. We are in discussions with our food implementing partners regarding their existing water projects and plan to expand their reach moving forward. We welcome feedback from donors on how to best address WASH in Bangladesh.



How You Can Help

As a reminder, you can always get involved in helping Nourish Bangladesh. There are several ways to get involved. First, of course, you can [donate](#). You can spread the word about Nourish Bangladesh to your friends and family, and [fundraise for us on your birthdays](#) through social media. We would greatly appreciate your reviews on our [Facebook](#) and [LinkedIn](#) pages, and [testimonials](#) for our website. We also welcome you to join our advisory council to help us make decisions and support our functioning as an organization. If you are interested in any of these ways to get involved, you can simply reply to this email, and feel free to ask us about additional ways to support Nourish Bangladesh.

Finally, Nourish Bangladesh is looking for committed volunteers to step into more permanent roles as **Secretary** and **Media Liaison**. Please reach out if you are interested or want to learn more!

Thank you so much!

Best regards,

The Nourish Bangladesh Team <3

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